



GOING DIRECT

REBIRTHING INTENSIVE

USHERING YOU INTO THE LIGHT

5 SATURDAYS STARTING APRIL 26 ~ 1 - 5 P.M.

THE SUN TEMPLE GARDENS
2315 Berry Street, Lemon Grove

Introductory Program for Rebirthing Certification
\$333 – Discounts if payment received by April 10

THE EXPERIENTIAL TRAINING:

- ✧ *Deep inner cleansing ~ finding peace beyond hurts, loss, emotional and mental barriers*
- ✧ *A committed time for your personal growth in a sacred, safe and light-filled environment*
- ✧ *A guarantee you will experience the voice of your true self ~ The Higher Self*
- ✧ *First component of Rebirthing Facilitator Certification Program:*
 - **WEEK 1** – Definitions, Inventory of Your Individual Path
 - **WEEK 2** – Embracing and Processing the Past / Living in the Moment
 - **WEEK 3** – Communication with Self, Friends, Spirit
 - **WEEK 4** – The Power of Forgiveness
 - **WEEK 5** – Gratitude, God, Graduation

THE PROCESS: Facilitated by 18-year certified “rebirther” Jim Ellis, this breath-work is a modern healing technique that brings in a conscious breath to take you into a deeper, heightened state of awareness. In this state, you go direct into the Light and come to peace with anything keeping you from a direct connection with your True Self... joyous, loving, peaceful and free.

TESTIMONIALS:

I was blown away by the experience in Jim Ellis' rebirthing breath-work group session I attended. I released an incredible amount of "stuff" and felt cleansed and lighter. The next day I felt as if a weight had been lifted off of my shoulders. Interestingly some low chronic back pain I've had for a long time went away and it has stayed away.

– **Susan B.**

I felt very safe, and the energy in the home was so pure and peaceful. Jim held a very sacred space and honored my experience, which helped me to really connect with core beliefs and breathe through emotional states without any fear or reservations. I was able to connect to my truth, release energy that no longer served me, and feel the presence of God. I highly recommend his breath-work class!

– **Jennifer H.**

I've attended both his group and private sessions, and each time have walked away feeling lighter and freer than before. With his presence, experience and intuition, Jim creates an environment that is open, inviting, comfortable and safe.

– **Kim W.**

For Free Consultation or Introductory Session contact:
Jim Ellis at (858) 518-5826 or JimEllis1103@yahoo.com
